

# HEALTH FLEX PLAN PROGRAM

---

## Annual Report January 2020

Agency for Health Care Administration  
2727 Mahan Drive, MS 28  
Tallahassee, FL 32308  
1-850-412-4502  
<http://www.floridahealthfinder.gov>  
<http://ahca.myflorida.com>



Office of Insurance Regulation  
200 East Gaines Street  
Tallahassee, FL 32399-0326  
1-850-413-3153  
<http://www.floir.com/>



FLORIDA OFFICE OF  
INSURANCE REGULATION

# Health Flex Plan Program Annual Report

## **Background Information**

Under the provisions of section 408.909, Florida Statutes (F.S.), the Agency for Health Care Administration (Agency) and the Office of Insurance Regulation (Office) must submit a report to the Governor and the Legislature annually on the status of the Health Flex Plan Program. The law specifically mandates that the "agency and the office shall evaluate the pilot program and its effect on the entities that seek approval as health flex plans, on the number of enrollees, and on the scope of the health care coverage offered under a health flex plan; shall provide an assessment of the health flex plans and their potential applicability in other settings; shall use health flex plans to gather more information to evaluate low-income consumer driven benefit packages..." (subsection 408.909(9), F.S.).

## **Program Description and Eligibility Requirements**

Health Flex plans can be offered by licensed insurers, health maintenance organizations (HMOs), health care providers, local governments, health care districts, or other public or private organizations, and through small employers' business purchasing arrangements sponsored by local government. Eligibility to enroll in a Health Flex plan is limited to individuals who:

- Are residents of this state;
- Have family incomes equal to or less than 300 percent of the federal poverty level (FPL) (\$77,250 for a family of four based on 2019 federal guidelines); and
- Are not covered by a private insurance policy and are not eligible for coverage through a public health insurance program such as Medicare or Medicaid, or another public health care program, such as KidCare, or have not been covered anytime during the past six months. Exceptions include:
  - A person who was covered under an individual HMO contract issued by an HMO licensed in the state of Florida which was also an approved Health Flex plan on October 1, 2008, may apply for coverage in the same HMO's Health Flex plan without a lapse in coverage if all other eligibility requirements are met;
  - A person who was covered under Medicaid or KidCare and lost eligibility for Medicaid or KidCare subsidy due to income restrictions within 90 days prior to applying for health care coverage through an approved Health Flex plan may apply for coverage in a Health Flex plan without a lapse in coverage if all other eligibility requirements are met, and has applied for health care coverage through an approved Health Flex plan and has agreed to make any payments required for participation, including periodic payments or payments due at the time health care services are provided; or

- A person who is part of an employer group of which at least 75 percent of the employees have a family income equal to or less than 300 percent of the federal poverty level and the employer group is not covered by a private health insurance policy and has not been covered at any time during the past six months. If the Health Flex plan entity is a health insurer, health plan or HMO, only 50 percent of the employees must meet the income requirements.

### **Active Health Flex Plan**

**Information contained on the following pages of this report was provided by the specific Health Flex plan.**

#### **American Care, Inc.**

As of October 1, 2019, the total enrollment was 204 individuals, down from 248 reported in October of the prior year.

American Care offers its plan to employers and individuals. This plan offers preventive and diagnostic services and is entirely premium funded. Services are rendered through wholly owned American Care centers in the various counties of Florida to ensure a more consistent quality delivery system.

A brief summary of the current premium costs and benefits package is provided below.

- Monthly premium: \$50, regardless of age and sex
- Prescription medication (generic): \$4, dispensed through American Care medical centers
- Transportation: Free transportation from and to the medical center
- Center portability: A member traveling and needing urgent medical services can be treated at any of American Care's medical centers with \$0 co-pay provision
- Specialty care: Specialty care coverage is available as a separate coverage

American Care began enrollment in May 2003 in Miami-Dade County. In 2008, American Care was approved to extend the Health Flex Program to four additional counties, including Broward, Palm Beach, Hillsborough, and Polk. In 2011, American Care was approved for expansion of the program into St. Lucie County resulting in a slight membership growth.

### **Compliance Monitoring**

The Agency conducted a survey of the remaining active health flex plan in October 2017. Compliance monitoring is performed every three years. No violations of statutory requirements were identified. The survey evaluated the plan's compliance with the eligibility requirements, plan member grievance procedures, quality assurance plan, utilization review plan, patient and provider satisfaction data, outreach education efforts, provider networks, credentialing and re-credentialing procedures, record retention requirements, and services coordination efforts.

### **Reported Financial Results**

The following chart reflects the reported financial condition of the active Health Flex Plan entity to the Office as of September 30, 2019. This information is compiled from the quarterly financial statements filed by the Health Flex Plan with the Office. The information reflected below has not been audited or independently verified.

COMPANY	TOTAL ADMITTED ASSETS	TOTAL LIABILITIES	TOTAL CAPITAL AND SURPLUS	CALENDAR YTD PREMIUM	CALENDAR YTD NET INCOME OR (LOSS)
AMERICAN CARE, INC.	\$2,822,625	\$2,129	\$2,820,496	\$2,373,894	\$1,204,218
<b>TOTAL</b>	\$2,822,625	\$2,129	\$2,820,496	\$2,373,894	\$1,204,218

Balance sheet accounts and income statement include all operations of the entity, including Health Flex business.