



SUBSTANCE ABUSE CAN BE DEADLY

According to the Centers for
Disease Control and Prevention
(CDC):

- **Alcohol Use Causes
88,000 Deaths A Year**
- **Forty Four People Die Every
Day In The United States From
Overdose Of Prescription Drugs**

Call your Medicaid health plan
for more information on the
services they offer to help you stop
using alcohol or other drugs.

If you need help finding contact
information for your plan, or if you are
not enrolled in a health plan, call our
Medicaid Helpline at:

1-877-254-1055

or visit

www.ahca.myflorida.com/Medicaid



AGENCY FOR HEALTH CARE ADMINISTRATION
2727 Mahan Drive
Tallahassee, FL 32308
www.ahca.myflorida.com

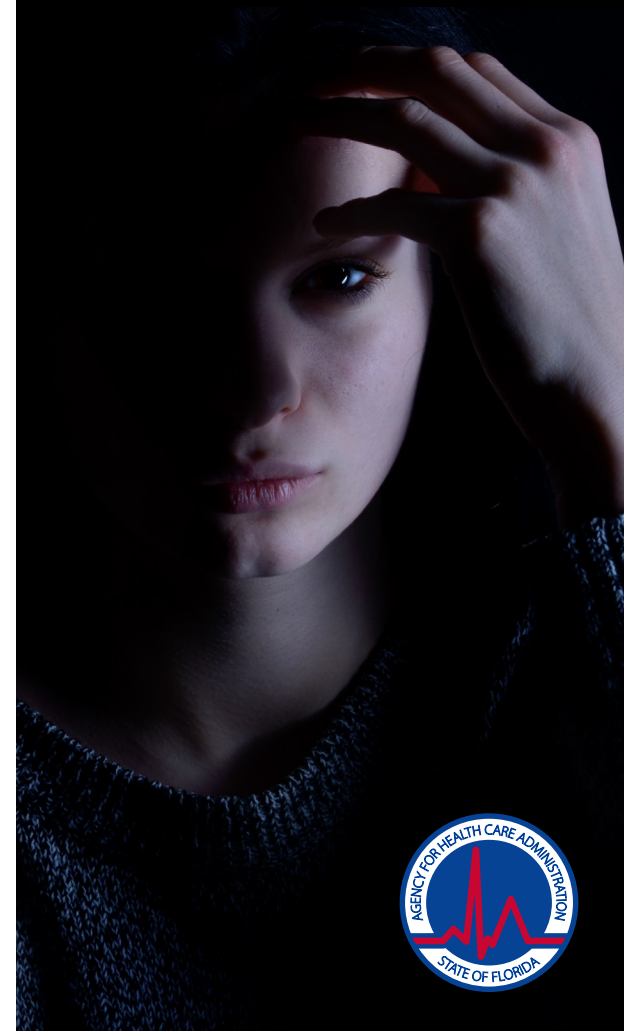
DEPARTMENT OF CHILDREN AND FAMILIES
<http://myflfamilies.com/service-programs/substance-abuse>

SUBSTANCE ABUSE AND
MENTAL HEALTH SERVICES ADMINISTRATION
www.samhsa.gov

V.042018

AGENCY FOR HEALTH CARE ADMINISTRATION

SUBSTANCE ABUSE AND YOUR HEALTH





ALCOHOL AND OTHER DRUGS AFFECT YOUR BODY IN DIFFERENT WAYS.

If you use alcohol and other drugs, you may become addicted to them. Below are some diseases you may develop if you do not get help to stop using alcohol and other drugs:

HEART DISEASE

CANCER

LIVER DISEASE

HIV/AIDS

LUNG DISEASE

MENTAL ILLNESS

EARLY DEATH



Did you know your Medicaid health plan offers rewards for finishing a **free program** that will help you stop using harmful substances such as alcohol or other drugs?

HERE IS WHAT IS AVAILABLE FROM YOUR HEALTH PLAN:

Counseling/Coaching – Provides face-to-face or phone counseling sessions with a trained counselor or case manager. Your counselor may help you:

- Learn about the dangers of alcohol and other drugs
- Know the signs of abuse or addiction to alcohol or other drugs
- Find ways to stop using alcohol and other drugs
- Join a support group with people that share your goals
- Make a plan to track your goals
- Find a treatment program

VISIT YOUR PRIMARY CARE DOCTOR



GOOD HEALTH STARTS WITH VISITING YOUR DOCTOR. It is important for you to develop a relationship with your primary care doctor. This will allow your doctor to get to know you and talk with you about your health. He or she will help you understand your medical needs. This includes ways to stop using alcohol and other drugs.

Advantages of Going to Your Primary Care Doctor Instead of the Emergency Room for Alcohol and other Drug Related Health Issues.

- **YOU WILL GET CARE FROM A DOCTOR WHO KNOWS YOUR HEALTH HISTORY**
- **YOU WILL SPEND LESS TIME WAITING TO BE SEEN**