



Division: Pharmacy Policy	Subject: Prior Authorization Criteria
Original Development Date: Original Effective Date: Revision Date:	February 29, 2012 May 17, 2012

RECTIV® (nitroglycerin ointment 0.4%)

LENGTH OF AUTHORIZATION: ONE TUBE (30g); DATE OF SERVICE

REVIEW CRITERIA:

- Patient must be \geq 18 years old.
- Patient must have a documented history of an anal fissure
- Patient must have a documented history (within past 60 days) of trial of at least two of the more conservative treatments for the underlying cause of the anal fissure:
 - Some conservative treatments may include:
 - High-fiber diet or fiber supplements
 - Adequate fluid intake
 - Sitz baths
 - Topical analgesia/ medicated creams (e.g. Anusol HC, zinc oxide)
 - Stool softeners (e.g. Metamucil)

DOSING:

- Apply 1 inch of ointment (375 mg of ointment equivalent to 1.5 mg of nitroglycerin) intra-anally every 12 hours for up to 3 weeks.
- Dosage form: 0.4% w/w (4 mg nitroglycerin/1 g ointment) in 30 g tubes