

Division: Pharmacy Policy	Subject: Prior Authorization Criteria
Original Development Date: Original Effective Date:	August 13, 2010
Revision Date:	February 4, 2011, May 1, 2012, November 17, 2015, August 16, 2017, April 2, 2018, September 2, 2020; January 24, 2024, December 20, 2024

Forteo[®] (teriparatide) Injection

LENGTH OF AUTHORIZATION: UP TO ONE YEAR

REVIEW CRITERIA:

For the treatment of postmenopausal women with osteoporosis at high risk for fracture; or increase of bone mass in men with primary or hypogonadal osteoporosis at high risk for fracture; or treatment of men and women with osteoporosis associated with sustained systemic glucocorticoid therapy at high risk for fracture:

INITIATION OF THERAPY

- Prescribed by or in consultation with a specialist (endocrinologist, rheumatologist, or obstetrician/gynecologist); **AND**
- The patient is taking calcium and vitamin D (*Must be confirmed in medical records or pharmacy claims*); AND
- Documented diagnosis of osteoporosis with A DXA hip (femoral neck) or spine T-score ≤ -2.5 (dated within the past 2 years). (*Must be confirmed in medical records.*); OR
- History of a fracture of the spine or hip. (Must be confirmed in medical records.); OR
- History of T-score between -1.0 and -2.5 if FRAX (WHO Fracture Risk Assessment Tool) major osteoporotic fracture probability is ≥ 20% or hip fracture probability is 3%. (*Must be confirmed in medical records.*); AND
- Trial (minimum of 12 months) and failure of zoledronate:
 - Failure may be defined as an intolerance (adverse reaction, contraindication...) to other bisphosphonates, or no increase from baseline bone mineral density (BMD) as indicated by Tscore history, or recurring fractures (in the absence of major trauma) following at least one year of therapy.

CONTINUATION OF THERAPY

- The patient is taking calcium and vitamin D (*Must be confirmed in medical records or pharmacy claims*); AND
- If request is for continuation of cumulative therapy beyond 2 years, provider must attest that member remains at or has returned to having a high risk for fracture; **AND**
- Medical records must demonstrate a stable BMD (within interventional goals) or an increasing BMD after a minimum trial of one year of therapy.
 - T-score test results may date back as far as five years.
 - Depending on level of BMD progression retesting may be done from every one to five years.
 - Medical records should demonstrate improvement by providing reference to the sequential progression or stability of the BMD.



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DOSING AND ADMINISTRATION:

- Refer to product labeling at <u>https://www.accessdata.fda.gov/scripts/cder/daf/</u>
- Available as 600 mcg/2.4 mL (250 mcg/mL) in a single-patient-use prefilled delivery device (pen) containing 28 daily doses of 20 mcg.