

## WHERE CAN I GET MORE INFORMATION?

#### **National Alliance on Mental Illness (NAMI)**

They are the largest mental health organization dedicated to building better lives for Americans affected by mental illness.

www.nami.org (800) 950-6264

## Florida Department of Children and Families – Mental Health

This program provides funding for in-home and community based outpatient services, crisis services and residential treatment.

www.myflfamilies.com/ service-programs/mental-health (850) 487-1111

#### Substance Abuse and Mental Health Services Administration (SAMHSA)

The national agency that leads public efforts to advance the behavioral health of the nation in regards to prevention, treatment, and recovery support services for behavioral services.

www.samhsa.gov (877) 726-4727

## National Federation of Families for Children's Mental Health

National family-run organization dedicated to improving the lives of children with emotional, behavioral, and mental challenges and their families.

www.ffcmh.org (240) 403-1901 Call your Medicaid health plan for more information on mental health services.

If you need help finding contact information for your plan, or if you are not enrolled in a health plan, call our Medicaid Helpline at:

1-877-254-1055

or visit

www.ahca.myflorida.com/Medicaid



AGENCY FOR HEALTH CARE ADMINISTRATION 2727 Mahan Drive, Tallahassee, FL 32308 www.ahca.myflorida.com

V.082018

AGENCY FOR HEALTH CARE ADMINISTRATION

# MENTAL HEALTH SERVICES FOR CHILDREN WITH MEDICAID



## MENTAL ILLNESS AFFECTS A CHILD'S THINKING AND ACTIONS, MAKING IT HARD FOR THEM TO FUNCTION.

It is not easy to know when your child may need mental health services. According to the National Alliance on Mental Illness, these are some of the signs to be concerned about:

- Changes in eating or sleeping habits
- Fear
- Sadness
- Getting in trouble at school or home
- Trouble concentrating
- Weight loss
- Acting different
- Self-harm

## What to do if you think your child may have a mental illness:

- Discuss your concerns with your child's primary care doctor
- Ask for a complete health examination of your child
- Ask your child's doctor if an evaluation or treatment by a specialist in child behavioral problems is needed

#### FLORIDA MEDICAID OFFERS SERVICES TO HELP YOUR CHILD WITH MENTAL ILLNESS

#### COMMUNITY BEHAVIORAL HEALTH SERVICES

Helps children under the age of 21 years with mental health and substance abuse services such as:

- Individual and family therapy
- Assessments
- Support services
- Psychiatric services
- Medication assisted treatment (MAT)
- Day treatment
- Medication management

#### TARGETED CASE MANAGEMENT

Helps children under the age of 21 years who have a serious mental illness get supportive services to maintain them in the community. Some of those services include:

- Food referral to food and cash assistance programs
- Medical setting appointments
- Education referral for help with tutoring, adult education and English as a second language
- Vocational Training link a teenager to vocational schools to learn a skill
- Support Services life skills training, referral to family planning counseling, parenting classes
- Employment training on job readiness and job search

## STATEWIDE INPATIENT PSYCHIATRIC PROGRAM (SIPP)

Provides specialized psychiatric inpatient treatment services to children under the age of 21 years who are:

 Not responsive to intensive community-based services or who have experienced multiple acute psychiatric inpatient admissions

#### Children in SIPP:

- Must be cognitively stable to benefit from treatment
- Will have continued stay admission reviews conducted for recipients under the age of 10 years every 14 days, and every 21 days for recipients ages 10 years and older
- Stay an average of 120 days

#### Services provided in SIPP:

- Individual and family therapy
- Education
- Medication management
- Family visits
- Medical and dental services
- Community support services after discharge

#### BEHAVIOR ANALYSIS SERVICES (BA)

Behavior Analysis Services are services provided to increase or reinforce good behaviors to recipients under the age of 21 years requiring medically necessary BA services. To receive BA services an appropriate diagnosis code is required. Recipients (including those enrolled in health plans) will receive these services through the fee-for-service system and the services must be prior authorized.

## BEHAVIORAL HEALTH OVERLAY SERVICES (BHOS)

This program provides services for recipients under the age of 21 years with serious emotional troubles or who show behaviors that affect the ability to function at home, school, or in the community. The program provides mental health and substance abuse support services to meet the behavioral health treatment needs of the recipient in a **residential setting**.

#### **BHOS** services include:

- Therapy
- Behavior management
- Therapeutic supports

## SPECIALIZED THERAPEUTIC SERVICES

Specialized therapeutic foster care services are intensive treatment services provided to children under the age of 21 years with emotional troubles who live in a state licensed foster home. This program is for long-term treatment and short-term crisis intervention.

#### Specialized therapeutic supports include:

- Comprehensive assessments
- Specialized therapeutic foster care services
- Therapeutic group care services



## SPECIALTY PLAN FOR RECIPIENTS WITH MENTAL HEALTH CONDITIONS

A specialty plan is a plan for Medicaid recipients who have a specific health care condition. To enroll in the specialty plan the recipient must be diagnosed with or in treatment for a serious mental illness. The advantage of enrolling in a specialty plan is that the plan is designed to meet the specific needs for someone with mental health conditions, and includes case management for coordination of care.

#### **HOW TO ENROLL**

Enroll online at www.flmedicaidmanagedcare.com

Call a Choice Counselor toll-free at 1-877-711-3662; telecommunications device for the deaf (TDD) 1-866-467-4970.

If you have special medical needs, you may set up a face-to-face meeting with a Choice Counselor by calling 1-877-711-3662